



UPSTATE  
CIRCLE  
OF FRIENDS

Upstate Circle Of Friends (UCF) is a not for profit organization located in Greenville, South Carolina. Our mission is a solid commitment to expand opportunities, enhance the quality of life, and the progression of at-risk children and their families through various educational recreational, and social programs.



"Life is not about possession; it is about appreciation. New hopes and aspirations. Goodbye, 2022, and Welcome to 2023 Happy New Year..."

George Singleton-Vice President/COO

## A direct and compelling headline

On behalf of Upstate Circle of Friends, I wish everyone a very festive Holiday Season! We have so much to be thankful for over this past



year. Even though we have had our fair share of challenges, we still managed to press forward with a great deal of perseverance.

We are blessed to have been able to provide *over sixteen years of direct and indirect services*, which is a true testament to your belief in our organization.

We are thankful for being part of one of the largest grants received in the history of our existence, and at the same time, we give thanks for our ability to meet the needs of so many individuals and families; this speaks volumes to the level of care and compassion we continue to have for our

communities.

As the final pages are turned for 2022, let us continue to be mindful of those less fortunate than ourselves. In the upcoming new year, I encourage you to give your time and resources to help a local charity or any organization you believe is doing great work to help others. Believe me, giving a little of your time goes a long way.

Thanks to all who continue to walk through the doors at Upstate Circle of Friends to make it better, and thanks to the ones who walked out and made it amazing.



Finally, Deloris and I would like to thank our UCF staff and advisory board members, who work countless hours to ensure we continue to live up to our mission. Your work does not go unnoticed, and we are very much appreciative.

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## Expanding The Circle

UCF Founder, Deloris Pinson, wants to thank all who attended the annual Expanding the Circle Luncheon on November 15<sup>th</sup>. “Holding the event this year on the Upstate Circle of Friends campus allowed us to show our guests our Urban Teaching Garden passed on the way into the luncheon. We were also able to add to the lunch menu fresh vegetables right out of the garden!” She continued, for anyone who missed the luncheon, you still have an opportunity to send your support by clicking [here](#), and setting up a campus tour by emailing George Singleton at [George@UCFGreenville.org](mailto:George@UCFGreenville.org).

[Donate Here](#)



## Introducing The Edible Garden

Toya M. Moore, Edible Garden Program Manager



Since October, several students at Southside High School have been participating in an after-school program sponsored by Upstate Circle of Friends (UCF) and the USDA Farm to School Program.

Under the Umbrella of the Youth



Empowerment Service, Upstate Circle of Friends is using gardening and agriculture to teach Social and Emotional Learning (SEL) skills and competencies at the school. The program includes hands-on experiential learning activities. These activities (all related to gardening and agriculture) include financial literacy, career and college readiness, practical life skills, and culturally relevant nutrition/cooking demonstrations. The students have enjoyed making lip balm, doing a water quality test with Re-Wa, and getting food handler and pesticide training. They have also been participating in hands-on cooking demos.



We appreciate your support and look forward to sharing more of our program with you!

Toya Y. Moore  
Edible Garden Program Manager

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## Hello From The Urban Teaching Farm

Kim Gibson, Urban Teaching Farm Manager

Hello from the Urban Teaching Farm! The cold weather has come upon the farm, and the cool weather plants are thriving. Currently, we are growing brassicas like broccoli, collards, hakurei, and top purple turnips, red and lacinato kale. We have donated over 500 pounds of produce since the beginning of November.

The farm is a magical space. I look forward to empowering, educating, and enriching visitors, volunteers, and company partners in 2023!

All the best - Kim Gibson



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Join us at the the Upstate Circle of Friends campus for MLK DAY OF SERVICE  
[REGISTER HERE](#)

# MLK DAY MLK DAY OF SERVICE

**Monday, January 16, 2023**

Time: 10:00 AM-2:00 PM

**Life's most persistent and urgent questions is, "What are you doing for others?" ~ Dr. Martin Luther King Jr.**

The mission of Upstate Circle of Friends is a steadfast commitment to expanding opportunities, enhancing the quality of life, and the progression of youth and their families through various educational, social, and recreational services.

Join us on Monday, January 16th, for the Martin Luther King Jr. Day of Service on the Upstate Circle of Friends' campus.

Community Service Projects will begin at 10:00 am and end at 2:00 pm.

Lunch will be provided.

Visit our Website: [www.UCFGreenville.org](http://www.UCFGreenville.org) for additional information



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# Weekly Events

## LINE DANCING

Monday & Thursday 6-8:30PM

## THE GATHERING: SEASONED ADULTS WITH FLAVOR

Tuesday & Thursday 10am-2pm

## URBAN TEACHING FARM MARKET

Farmer's Market Every Thursday  
Coming Soon

UCFGREENVILLE.ORG



Upstate Circle of Friends | 29 Ridgeway Dr, Greenville, SC 29605

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