



UPSTATE
CIRCLE
OF FRIENDS

Upstate Circle Of Friends (UCF) is a not for profit organization located in Greenville, South Carolina. Our mission is a solid commitment to expand opportunities, enhance the quality of life, and the progression of at-risk children and their families through various educational recreational, and social programs.



SUMMER AT UPSTATE CIRCLE OF FRIENDS

We have had an amazing Summer here at Upstate Circle of Friends! In fact, Deloris and I would like to take this opportunity to thank our amazing Staff and Advisory Board members of Upstate Circle of Friends for their countless hours of service and dedication to the individuals and families we serve.



Reminder: The District 25 Celebration Gala will be held at the Embassy Suites on Saturday, October 21st. This will be a great opportunity for all residents to come together and celebrate 60 years of District 25! For more information on the Gala and to purchase your tickets, visit www.visionD25.org.

Another date to circle on your calendar is November 15th for our annual fundraising luncheon. This is a free lunch, beginning promptly at noon. It is a fast-paced one-hour, with Ms. Jada Samuel, the current Miss South Carolina, as our keynote speaker. We were very fortunate to have **Ms. Jada Samuel** this past June and July as part of our Leaders, Learners, and Earners Summer Camp. Ms. Samuels "**Ishape Me**" Prep School Program was a tremendous success, and we look forward to continuing hosting **Ishape Me** programs in the future. Our Annual fundraiser will also be a great opportunity to learn more about the exciting things our organization offers, and hopefully, you will be moved to offer your support. Please refer to our website for more information.

As mentioned, we provided several activities, resources, and educational programs this past summer, enriching the participants. We were extremely excited to see our organization continue to grow and become a stronger resource for the people we serve. With planned continued growth, everyone in District 25 and surrounding communities will have opportunities for assistance in additional areas of need in the future. Thank you to those who have helped Upstate Circle of Friends grow to meet the need.

"Together We Can"



DISTRICT 25
60 YEARS
YESTERDAY,
TODAY, & FOREVER!

CELEBRATION GALA

Join us for the District 25 60th Anniversary Gala, a prestigious and elegant evening dedicated to honoring the past, present, and future community leaders who have made a significant impact in our district. This formal event promises to be an unforgettable experience as we celebrate six decades of progress, unity, and inspiration. Be a part of this historic occasion and join us in recognizing the outstanding contributions of remarkable individuals who have shaped our community.

Saturday, October 21, 2023 @ 6:00PM
The Embassy Suites
670 Verdae Blvd, Greenville, SC 29607

- Dinner, Dancing & Entertainment
- Community Awards
- Special Keynote Speaker

*An elegant formal dinner will be served featuring Grilled Salmon & Tender Filet with delicious accompanying side dishes

Physical tickets can be purchased at
14 West Antrim Dr. Greenville SC 29607
between 11am - 2pm

VisionD25.org

[Read About Us In The Greenville Journal](#)



SIP & Paint
LADIES NIGHT OUT

FRIDAY OCT 27 @ 7:00 PM

29 RIDGEWAY DR.
 GREENVILLE, SC 29605

BRING YOUR FRIENDS AND JOIN US FOR A FUN NIGHT OF PAINTING AND DRINKS

\$60 PER PERSON

INCLUDES:

- CANVAS
- PAINT
- Drinks
- FOOD
- LINE DANCING



Leaders, Learners, & Earners Camp 2023

Toya Y. Moore

The 3rd annual Leaders, Learners, and Earners Camp took place at Upstate Circle of Friends' campus, featuring the active participation of around 20 students hailing from the Eta Sigma Sigma RHOer Club and Southside High School. This enriching program unfolded from June 12th to July 20th, offering students a diverse array of engaging activities and experiences, including:



- Gardening Education
- Nutrition Education & Fruit & Veggie Juicing Demo
- Career & College Exploration

- Mobile Black History Museum
- LifeSmarts Training
- Entrepreneurship - Prime Entertainment
- Teddy Bear Workshop and Ice cream Truck
- Podcast episode
- Stretching with the Gathering
- Drivers Education Training

This year's camp reached its pinnacle with an exciting trip to Charleston, where students had the incredible opportunity to explore both the Charleston Aquarium and the International African American Museum.

View Our Summer Camp Highlights[here](#)



WHAT WE PROVIDE:

- A Weekend Backpack Program for children in dire need of nutritious food. They will receive non perishable food items to cover the weekend.
- Pay past due balances on children's school meal accounts so they can receive hot meals
- Ensure an annual toy drive for needy children

HOW CAN YOU HELP

DONATE:

- INDIVIDUAL PACKETS OF OATMEAL
- PEANUT BUTTER & JAM
- FRUIT CUPS IN 100% FRUIT JUICE
- SMALL POP TOP VEGETABLES, LOW SODIUM SOUP/STEW
- CEREAL AND SHELF MILK
- SMALL BAGS OF POPCORN
- FRESH ORANGES & BANANAS
- BREAKFAST/ GRANOLA BARS
- INDIVIDUAL PACKETS OF MAC & CHEESE
- APPLESAUCE
- INDIVIDUAL BAGS OF GRITS
- 2 GALLON ZIP LOCK BAGS

 **\$BITSPROGRAM**

FOR MORE INFO
864-652-1879



UPSTATE CIRCLE
OF FRIENDS



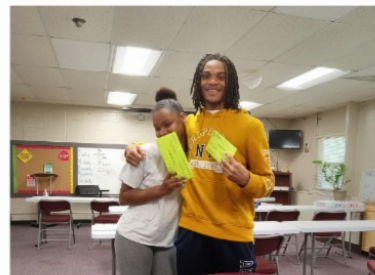
Drive Smart Academy: Empowering Young Drivers to Obtain Their Licenses and Permits

As the summer months rolled in, Drive Smart Academy took on the mission of equipping several young drivers with the necessary skills and knowledge to obtain their driver's licenses and permits. With a focus on promoting safe and responsible driving, the academy dedicated its efforts to empower these aspiring drivers and prepare them for the open road.

Through their summer program, Drive Smart Academy played a crucial role in equipping several young drivers with the skills and knowledge needed to obtain their licenses and permits. By providing comprehensive driver's education, guiding participants through the license and permit procedures, offering hands-

on driving experience, and emphasizing safety and defensive driving techniques, Drive Smart Academy has empowered these young drivers to navigate the roads confidently and responsibly.

www.TheDriveSmartAcademy.com



SEPTEMBER RECIPE

Tiffany Davis

Deliciously Easy Herbed Squash Dip: A Flavorful Twist on Traditional Dips

Picked from the garden

Easy Herbed Squash Dip



Ingredients

- 1 Medium Round Zucchini Squash (diced)
- Several sprigs of dill (minced)
- 1 medium onion (diced)
- 1 tsp garlic powder
- salt and pepper to taste

Directions

Place the diced squash, onion, and garlic powder in a pot (there is no need to add water) bring to a boil, reduce the heat and allow the mixture to simmer until it is soft (about 15 minutes)

Add salt and pepper, blend til desired consistency, stir in dill

Allow the mixture to cool

Serve with pretzels, tortilla or potato chips,

Substitutions/Additions

Basil, parsley (more flavor)

Lemon juice, apple cider vinegar (touch of freshness)

Don't forget to show off your culinary skills! Share your mouthwatering creations of our Easy Herbed Squash Dip on social media using #HerbedSquashDipLove.

We can't wait to see and savor your photos!



UPSTATE CIRCLE
OF FRIENDS

Weekly Events

LINE DANCING

Monday & Thursday 6-8:30PM

THE GATHERING: SEASONED ADULTS WITH FLAVOR

Tuesday & Thursday 10am-2pm

URBAN TEACHING FARM MARKET

Farmer's Market Every Thursday
Coming Soon

UCFGREENVILLE.ORG



Upstate Circle of Friends | 29 Ridgeway Dr, Greenville, SC 29605

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